## 2017/2018 CANON CITY HIGH SCHOOL ATHLETICS

CCHS offers a wide variety of sports for boy and girl athletes. Besides Varsity (1<sup>st</sup> team), many of the sports have Junior Varsity and C Teams. The sports are divided into three seasons as follows:

Fall	Cross Country V	Vinter	Boys Basketball	<b>Spring</b>	Baseball	
	Football		Girls Basketball		Girls Golf	
	Boys Golf		Wrestling		Girls Soccer	
	Gymnastics		Cheerleading (continued)		Girls Tennis	
	Boys Soccer		Dance Team (continued)		Track & Field	
	Softball					
	Boys Tennis					
	Volleyball					
	Cheerleading (tryouts in spring of prior school year)  Dance Team (tryouts in spring of prior school year)					

Student athletes who are interested in a particular sport should start preparing for sport registration well in advance. It is the athlete/parent responsibility to be aware of sign-in dates and obtain the sport packet of forms needed to participate. The activities office will remain open until June 7<sup>th</sup> and re-open on July 31<sup>st</sup>. Please feel free to contact our office with any questions or to pick up forms. During the summer months, sports packets can be picked up at the District Office, 101 N. 14<sup>th</sup> St.

**Fall Sport Registration** – Boys Golfers will need to register at the CCHS Activities Office July 31<sup>st</sup> thru August 4<sup>th</sup>, with the first practice on August 7<sup>th</sup>. All other fall sports can complete registration anytime between July 31<sup>st</sup> and August 11<sup>th</sup>, and practices will start on August 14<sup>th</sup>. There will be no blue slips issued on August 14<sup>th</sup>. Office hours are from 8am to 3pm.

Winter Sport Registration – Start registration October 30<sup>th</sup>, with practices beginning November 10<sup>th</sup>. There will be no blue slips issued on November 10<sup>th</sup>.

**Spring Sport Registration** – Start registration February 5<sup>th</sup> with practices beginning February 26<sup>th</sup>. There will be no blue slips issued on February 26<sup>th</sup>.

At sports registration an athlete will be given a *Blue Slip*. The blue slip is turned in to the coach and tells the coach that the student athlete has completed all necessary paperwork. **No one will start practice without a blue slip**. To obtain a blue slip, athletes will turn in all required paperwork and pay the athletic fee.

Forms Required For Blue Slip – Yellow Emergency Card; Full white sheet, front and back includes athletic registration, permit/pledge, insurance information and physical. (a copy of a current physical can be turned in instead of having the white sheet signed by a physician); ImPACT Form; Athletic Fee (see back).

<sup>\*\*</sup>Additional forms needed for exchange students: CHSAA Forms #9

<sup>\*\*</sup>Additional forms needed for transfer students: CHSAA Forms #9

<sup>\*\*</sup>Additional forms will be required for homeschool students and out of district students.

## **Extracurricular Fees**

Athletics-	Full- Reduced Lunch- Free Lunch-	\$75 \$50 \$25
<u>IROTC</u> (Rifle, Drill, Raiders)-	Full- Reduced- Free-	\$75 \$50 \$25
Speech & Debate-	Full- Reduced- Free-	\$40 \$30 \$15
FBLA and FCCLA-	Full- Reduced/Free	\$35 \$20
<u>Fall Play</u> -	Full- Reduced- Free-	\$50 \$35 \$20
Spring Musical-	Full- Reduced- Free-	\$75 \$50 \$25
<u>Band</u>	Full- Reduced- Free-	\$75 \$50 \$25
Encore	Full- Reduced- Free-	\$40 \$30 \$15

**ACTIVITY CARDS-**

\$40

The family maximum of extracurricular fees paid for CCHS students is \$300/\$200/\$100 per year.

To receive the athletics/activities fee discount for free or reduced lunch students, you must provide proof of acceptance from Canon City Schools Nutritional Services. Applications to receive free or reduced lunch will be available at the Canon City Schools Administration Office beginning on July 1st and will be available at the Canon City High School Athletics/Activities Office after August 1st. Applications are also available on-line at *ccsnutrition.org*. If you have any questions about the free and reduced lunch program please call 640.3055.

<sup>\*</sup>As per CRS 22-32-116.5 home-school students will pay 150% of the full fee. Fee will be truncated (Ex. \$75 would be \$110).

INSURANCE INFORMATION (check one)  I elect to purchase school insurance (application required)  I elect to sign the insurance release listed below
I the undersigned, being the parent or legal guardian of the named student who wishes to participate during the current school year in interscholastic sports conducted by Canon City High School, do hereby give notice that I do not wish to enroll in the school injury indemnity plan. In consideration of the granting of permission by Canon City High School to enroll my student in the aforementioned sport without the insurance protection afforded by the said school injury indemnity plan, the undersigned hereby discharges SCHOOL DISTRICT FREMONT RE-1 IN THE COUNTY OF FREMONT AND STATE OF COLORADO, its officers, agents, and employees from and against any and all loss, liability, or expense resulting from any accident or injury my student connected in any way with his/her participation in the sports program; including, but without limiting, the accidents and injuries received in connection with practices and games.
Parent/Guardian Signature
Athletic Fee – Full athletic fee is \$75. Students who qualify for free or reduced lunch may receive a reduced fee by providing proof of acceptance from Canon City Schools Nutritional Services – 275-5813.
PARENT OR GUARDIAN PERMIT & STUDENT/PARENT PLEDGE
<ul> <li>Warning: Participation in supervised interscholastic athletics and activities may be one of the least hazardous in which any student will engage in or out of school. By its nature, participation in interscholastic athletics includes a risk of injury which may range from minor to long-term catastrophic. Although serious injuries are not common in supervised school athletic programs, it is impossible to eliminate this risk. Players must obey all safety rules and report all physical problems to their coaches, follow a proper conditioning program, and inspect their own equipment daily. By signing this permission form we acknowledge that we have read and understand this warning.</li> <li>I agree to abide by all rules and regulations set forth in the pages of the Canon City High School Athletic Handbook including the training code pertaining to the abstinence or use of alcoholic beverages, tobaccommon to the standard problems.</li> </ul>
in any form, and drugs. I have read the forgoing, as well as the Athletic Handbook, and will abide by the principles and regulations contained therein.
<ul> <li>I have read, understand, and agree to the General Eligibility Guidelines as outlined in the CHSAA Competitor's Brochure as found on the CHSAA website (<u>www.chsaa.org</u>)</li> </ul>
<ul> <li>Several media publication modes display items about CCHS sports. By signing this form I give my permission for my child to have his/her photo, name, image, or likeness appear in publications such as, but not limited to, all Canon City Schools publications, calendars, newsletters, pamphlets, website, newspaper, radio or television.</li> <li>I hereby give my consent for</li></ul>
PARENT/GUARDIAN SIGNATURE

STUDENT SIGNATURE\_\_\_\_\_\_DATE\_\_\_\_\_

	_ast Name First Name					
Address		City, Zip				
Parent/Guardian Name	e					
Home Phone	Work	Cell_				
All Schools Attended	Last Year					
Grade	_ Are you registered as a full	time student at CCHS?	YESNO			
If no, please explain_						
(for office use only	v)					
Sport	Date Cleared Ck # /	Amt. Elig Ck'd				
Fall			Physical Dated			
Winter						
Spring			Emerg Med Card			
IMPACT FORM						
PHYSICAL INFO	RMATION					
I hereby certify that I ha		and	d that the student was found			
I hereby certify that I ha physically fit to engage	eve examined	listed below).	d that the student was found			
DATE OF PHYSICAL_	ave examined in high schools sports (except as	listed below).				

No student shall represent his school in interscholastic athletics, until there is on file with the superintendent or principal, a statement signed by his/her parent or legal guardian and practicing physician certifying that he/she has passed an adequate physical examination within the past year, that in the opinion of the examining physician he/she is physically fit to participate in high school athletics, and that he/she has the consent of his/her parents or legal guardian to participate.

NOTE: It is strongly recommended by the Colorado Department of Health that individuals participating in athletic events have current tetanus boosters. Tetanus boosters are recommended every 10 years throughout life. Boosters are recommended at the time of injury if more than five years have elapsed since the last booster.

If significant intervening illnesses and/or injuries have occurred a more complete physical examination should be conducted. The physical examination form must be signed by a practicing physician.

If a student athlete has been injured in practice and/or competition, and the nature of his/her injury requires medical attention, the student athlete should not be permitted to return to practice and/or competition until he/she has received a release from a practicing physician.



## Consent for ImPACT Testing and Release of Information

	SPORT:			
participating in the upcoming sports seasone/she sustain a concussion throughout t	d student-athlete to have a computer-based dministered at Canon City High School prior to on. I understand that my child will be re-tested shoul he season. The pre- and post concussion tests will used to evaluate return to play status. There is no			
neuropsychologist, or other treating physi	ician as indicated below. Additionally, general rovided to my child's guidance counselor and teacher			
I understand that should my child experient he/she will be required to:	nce the signs & symptoms indicative of a concussion,			
1) Be evaluated and released by his/her pr	imary care physician			
<ul><li>2) Pass the ImPACT test</li><li>3) Have a normal physical and neurologica</li></ul>	l examination prior to resuming sports or physical			
activity, including physical education classe	es.			
been cleared to return to activity will do so	after all steps are completed. Athletes who have of following a graduated return to activity after			
been cleared to return to activity will do so concussion protocol.	after all steps are completed. Athletes who have of following a graduated return to activity after			
been cleared to return to activity will do so concussion protocol.	after all steps are completed. Athletes who have of following a graduated return to activity after			
peen cleared to return to activity will do so concussion protocol.  Parent/Guardian Signature & Date	o following a graduated return to activity after			
peen cleared to return to activity will do so concussion protocol.  Parent/Guardian Signature & Date  understand this protocol and agree to abi	o following a graduated return to activity after			
peen cleared to return to activity will do so concussion protocol.  Parent/Guardian Signature & Date  understand this protocol and agree to abi	o following a graduated return to activity after			
Parent/Guardian Signature & Date  understand this protocol and agree to abi  Athlete Signature & Date  Student-Athlete Information:	o following a graduated return to activity after			
peen cleared to return to activity will do so concussion protocol.  Parent/Guardian Signature & Date  understand this protocol and agree to abive the Signature & Date  Student-Athlete Information:  Athlete Name:	de by it:			

CANON CITY HIGH SCHOOL EMER	GENCY MEDIC	DATE		
PLEASE PRINT STUDENT NAME		G	RADE	
BIRTHDATE	AGE	HOME PHONE		
PARENT/GUARDIAN'S NAME				
ADDRESS				· ·
PHONE DURING DAY: FATHER'S		MOTHER'S		
IN AN EMERGENCY, IF PARENTS CAN	NOT BE CONT.	ACTED	6	
NOTIFY		AT		4
NAME			PHONE	4
FAMILY DOCTOR		DR. PHONE	44	
KNOWN ALLERGIES				
We, the undersigned, authorize officials of this card, and authorize the named physicia health and safety of the student. In the ever contacted, school officials, emergency personecessary in their judgment, for the health a emergency personnel or hospital physicians Signatures of Parents/Guardians	ns to render such at physicians, othe onnel or hospital p and safety of the s	treatment deemed necessar or persons named on this ca obysicians are authorized to tudent. We will not hold the	y in an emery rd or parents take whatev ie school dis	gency for the cannot be ver action is trict,